

CONFERENCE PROPOSAL FORM	
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Selected track	Benefits and pitfalls of implementing blended learning in the Algerian university
Title of the paper	Unleashing the Potential of Journal Prompts to Reflect on Students' study Habits in Blended Learning Period.
Abstract (Max 300 words)	The shift to blended learning due to the disruption of COVID-19 calls for revisiting students' study habits since they are required to assume more responsibilities in such circumstances. Therefore, this research study aims at scrutinising the students' initiatives to maintain active learning and engagement during online delivery. Fundamentally, well-designed journal prompts are used as the main data collection method with Master one (Didactics of EFL) prompts during a period of two months of blended learning to record their learning experiences and to reflect on them. The content analysis of their journal entries indicates that the students succeed at a given extent in planning a to-do list in order to finish their assignments. However, the majority of the students fail to show signs of self-regulation skills and autonomous initiatives beyond the requirements of their assignments. Furthermore, the findings highlight that the students need to be trained in effective study habits and skills, and time-management skills.
Keywords (Max 5 words)	Autonomy, journal prompts, self-regulation, study habits.